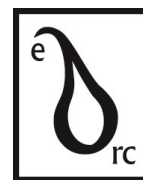


The Essence of Clinical Aromatherapy:

An international seminar for hospital and hospice care

Friday 18th & Saturday 19th October 2019

Event ID:706



This unique international seminar for aromatherapy in hospital, hospice and elderly care settings brings together researchers, experts and practitioners for education, networking and inspiration. Now in its second edition, this exceptional event presents the latest work being conducted in these fields as well as offering evidence-based and concrete strategies for enhancing care provision. Leading the practitioner from research into practical applications, participants will enhance their knowledge and skills through learning from experts who are specialised in the clinical domain.

An added feature of this second edition is an optional pre-seminar half day of extended master classes with leaders in the field on Friday 18th October. At the seminar there will also be ample time to discuss points of interest and to network with peers as well as connect directly with companies who supply essential oils and related products.

As part of the event, your attendance pack includes transcripts of the speakers' presentations as well as a certificate of attendance for your continuing professional development.

This event is organised by Rhiannon Lewis, director of Essential Oil Resource Consultants, editor of the International Journal of Clinical Aromatherapy & organiser of the Botanica conference series

Interested in joining us, sponsoring or exhibiting? Get in touch! conferenceteam@rmh.nhs.uk

www.essentialorc.com

Seminar Aims:

- demonstrate the multiple roles of essential oils for enhancing care and providing comfort at different stages of disease
- update and extend participants' knowledge and skills regarding working safely and effectively with essential oils for sick and fragile patients
- provide the opportunity to network with peers from around the United Kingdom and beyond
- present new and innovative aromatherapy-related techniques for enhancing care
- facilitate access to key resources concerning aromatherapy, essential oils and related products.

Target Audience:

This seminar is highly relevant for all aromatherapists and other healthcare professionals who are using essential oils in hospital, hospice or other settings such as elderly or residential care. It is also suitable for those who are considering integrating aromatherapy into the clinical setting and who wish to gain further insight into the potential roles of essential oils and aromatherapy for supporting and enhancing conventional care.

Pre -Programme (Subject to Slight Modifications)

Friday 18th October

13.00 - 14.00 Registration

14.00 - 14.15 Welcome and introduction

14.15 - 15.15 "Fusion aromatherapy for distress in dementia" Masterclass with Madeleine Kerkhof (The Netherlands)

15.15 - 16.15 "Sacred Oils - precious tools for psycho-spiritual end of life care" Masterclass with Felicity Warner (UK)

16.15 - 16.45 Comfort break

16.45 - 17.45 "Evidence-based aromatic solutions to chemotherapy-induced peripheral neuropathy" Masterclass with Rhiannon Lewis (France)

17.45 - 18.00 Closing remarks

18.00 - 19.30 Cheese and wine welcome reception with speakers, sponsors and exhibitors

Please note: This masterclass session is only open to delegates attending the full day seminar on Saturday 19th October

Saturday 19th October

08.45 - 09.15 Coffee and registration

09.15 - 09.30 Welcome and introduction

09.30 - 10.10 "Adapting aromatherapy: staying relevant in NHS care" Elaine Charlesworth (UK)

10.10 - 10.50 "Support services for cancer patients – what makes Action Cancer different" Ruth Fleming and Alicia Ferguson (N Ireland)

10.50 - 11.20 Coffee break and exhibition

11.20 - 12.00 "Aromatherapy and Multisensory activities in Care Homes" Maria Harvey-Lavin (UK)

12.00 - 12.40 "Complementary and aromatic interventions for children and young people with cancer" Virginia McGivern (UK)

12.45 - 14.00 Lunch and exhibition

14.00 - 14.40 "Fostering resilience in palliative care – the potential of aromatherapy" Carol Rose (New Zealand)

14.40 - 15.20 "From pain to wellbeing: the use of HEARTS (UK) combined with two aromatic interventions in cancer and palliative care" Jonathan Benavides (The Netherlands)

15.20 - 15.40 Comfort break

15.40 - 16.20 "Aromatic Oncology Care - creation, adaption and evolution through practice and reflection" Marika Fleri (Malta)

16.15 - 16.50 "Caring has a cost: health and self-care for health professionals" Dr Andrew Tresidder (UK)

16.50-17.30 Closing remarks

